



Maintaining high standards of professional education and competence in the field of Dance/Movement Therapy since 1966

TO WHOM IT MAY CONCERN:

Professional training of dance/movement therapists occurs on the graduate level. ADTA grants approval to accredited academic institutions that meet specific guidelines for master's degree programs in dance/movement therapy. All American Dance Therapy Association Approved Graduate Degree Programs require 55-60 semester or 90 quarter credits. Prerequisite study includes Psychology, Anatomy and Kinesiology, and extensive dance experience.

ADTA Required Content areas: (1) Dance/Movement Therapy Theory; (2) Human Growth and Development; (3) Expressive and Communicative Aspects of Verbal and Nonverbal Behavior; (4) Methods for Observation, Analysis, and Assessment; (5) Psychosocial and Cultural Aspects of work with Families, Groups, Individuals; (6) Clinical Applications of Dance/Movement Therapy and Counseling Theories; (7) Human Anatomy and Kinesiology; (8) Research and Evaluation; (9) Psychopathology and Diagnosis; (10) Basic Neuroscience. Most Approved Dance/Movement Therapy Programs offer courses in Career Counseling to meet licensing requirements in the state in which the program is located.

CACREP Required Content areas: (1) Professional Identity; (2) Social and Cultural Diversity; (3) Human Growth and Development; (4) Career Development; (5) Helping Relationships; (6) Group Work; (7) Assessment; and (8) Research and Program Evaluation are addressed within ADTA Required Content Areas.

The Dance/Movement Therapy Certification Board, Inc. awards the certification of Registered Dance/Movement Therapist (R-DMT) to candidates who complete a master's degree in dance/movement therapy or a master's degree in a related field plus 45 credits of dance/movement therapy required curriculum and meet specific application criteria. All candidates complete a 700 hour clinical internship in dance/movement therapy supervised by a Board Certified Dance/Movement Therapist (BC-DMT). The BC-DMT credential is awarded to R-DMT applicants who complete 3,640 hours of supervised, professional clinical work and pass the exam.

AMERICAN DANCE THERAPY ASSOCIATION BOARD OF DIRECTORS
2/10/2013