



GUIDELINES FOR BC-DMTs TEACHING COURSES TO ALTERNATE ROUTE STUDENTS

Dance /movement therapy theory and practice includes studies of basic theories, principles, and techniques of dance /movement therapy and their application to a variety of populations.

Course Requirements

- A substantive reading list that supports the course curriculum
- Syllabus
- Bibliography
- A method of written evaluation, e.g., take home or in-class exam(s), final paper, term paper
- A statement indicating the percentage of grade from each of the following: exam(s), paper(s), student presentation(s), class participation, special project(s), personal journal, attendance, student self-evaluation, other. Please include this weighted analysis on the syllabus.

Dance/movement Therapy Theory and Practice (270 hours or 18 credits)

Coursework to include

- Knowledge of developmental, expressive, and communicative aspects of movement.
- Theoretical, historical, and aesthetic bases of dance/movement therapy.
- Cultural, anthropological, and social foundations of movement behavior.
- Movement assessment, diagnosis, and treatment planning.
- clinical methods, leadership skills, and their applications to individuals, groups, families, and systems.
- The use of dance/movement therapy in prevention, treatment, and aftercare.
- Professional roles and ethics.

Group Processes in Dance/Movement Therapy (45 hours or 3 credits)

Additional required dance/movement therapy courses include, movement observation and analyses (90 hours or 6 credits), and kinesiology (45 hours or 3 credits).